

# PD Catheter Surgery

## PRE AND POST SURGERY INFORMATION AND GUIDELINES

### Surgical appointments:

Surgical consult date: \_\_\_\_\_ Time: \_\_\_\_\_

Placement surgery date: \_\_\_\_\_ Time: \_\_\_\_\_

Surgeon follow up appointment date: \_\_\_\_\_ Time: \_\_\_\_\_

Address: \_\_\_\_\_

Surgeon: \_\_\_\_\_

Phone number: \_\_\_\_\_

### Home training clinic appointment:

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Address: \_\_\_\_\_

Clinic phone number: \_\_\_\_\_

## Before surgery

### Before surgery, your physician may:

- Mark your abdomen for appropriate exit site placement, if applicable. It is best to avoid abdominal folds, belt lines, and ensure you can see the exit site.
- Ask that you bathe or shower with antibacterial soap, either the night before or morning of surgery.
- Prescribe medication to prevent constipation. Take as prescribed.
- Prescribe antibiotics. Make sure to take all doses.
- Change how you take some of your routine medications.
- Give you specific instructions about what you should eat or drink before surgery. Make sure to follow those instructions carefully!



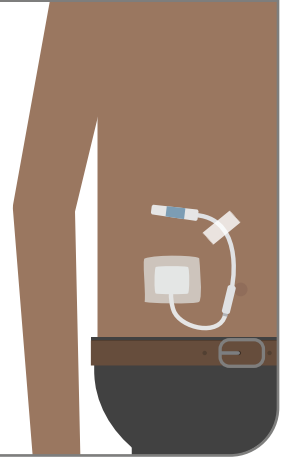
Report any unusual cough, fever, chills or ill feelings prior to surgery.

## After surgery

Remember your new catheter is your lifeline. It is very important that you care for it properly. Take all medications and antibiotics as prescribed.

### Dressing:

- A dressing (bandage) will cover the place where your catheter is in your abdomen, protecting it and keeping it secure.
- Keep the dressing dry, clean, and intact to prevent any infection.
- Your PD nurse will change the dressing making sure to keep germs away. Your PD nurse may also check to see if the catheter is working correctly.
- **NO PEEKING!**



### Bathing:

- Do not shower or take a bath in a tub. **Keep the dressing dry!**
- Sponge bath only!



### Activities:

- Avoid strenuous activities.
- No excessive stair climbing.
- Lift only up to \_\_\_\_\_ lbs.
- Avoid activities that tug on, or cause contact with, the catheter.



**If you experience any of the signs or symptoms described below, call your PD nurse immediately (day or night).**

- If your dressing becomes
  - Wet or dirty
  - Stained with fresh blood
  - Loose or falls off
- Severe cough or pain
- Fever or vomiting
- Constipation or straining to have a bowel movement

PD clinic phone number: \_\_\_\_\_